

MA, 18 NOV	DI, 19 NOV	WO, 20 NOV	DO, 21 NOV	VR, 22 NOV	ZA, 23 NOV	ZO, 24 NOV
<p>17:00 - 17:30 <b>Forever Fit (SGT)</b> Group Classes Studio   Ana Dos santos ferreira</p>	<p>11:00 - 12:00 <b>Jims Stick</b> Group Classes Studio   Ana Dos santos ferreira</p>	<p>10:00 - 11:00 <b>BBB</b> Group Classes Studio   Ana Dos santos ferreira</p>	<p>09:00 - 10:00 <b>Fitball</b> Group Classes Studio   Ana Dos santos ferreira</p>	<p>18:00 - 19:00 <b>Core</b> Group Classes Studio   Jims Genk</p>	<p>10:00 - 11:00 <b>Step</b> Group Classes Studio   Ana Dos santos ferreira</p>	<p>10:00 - 11:00 <b>Power</b> Group Classes Studio   Jims Genk</p>
<p>17:30 - 18:30 <b>Start To Workout (SGT)</b> Fitness Floor   Maikel Boons</p>	<p>12:00 - 13:00 <b>Zumba®</b> Group Classes Studio   Ana Dos santos ferreira</p>	<p>11:00 - 12:00 <b>Zumba®</b> Group Classes Studio   Ana Dos santos ferreira</p>	<p>10:00 - 11:00 <b>Yoga</b> Group Classes Studio   Ana Dos santos ferreira</p>		<p>11:00 - 12:00 <b>Pilates</b> Group Classes Studio   Ana Dos santos ferreira</p>	
<p>18:00 - 19:00 <b>UBOUND ®</b> Group Classes Studio   Ana Dos santos ferreira</p>	<p>18:00 - 19:00 <b>Women's Strength Training (SGT)</b> Fitness Floor   Wout Dullers</p>	<p>18:30 - 19:30 <b>Power</b> Group Classes Studio   Jims Genk</p>	<p>19:00 - 20:00 <b>Les Mills Bodycombat™</b> Group Classes Studio   Nancy Lemmens</p>			
<p>19:00 - 20:00 <b>Sculpt</b> Group Classes Studio   Ana Dos santos ferreira</p>	<p>19:00 - 20:00 <b>Les Mills Bodycombat™</b> Group Classes Studio   Jims Genk</p>	<p>19:30 - 20:30 <b>Les Mills Bodypump™</b> Group Classes Studio   Jims Genk</p>	<p>20:00 - 21:00 <b>COACH BY COLOR®</b> <b>Connect Cycling</b> Cycling Studio   Yves Loverix</p>			
<p>20:00 - 21:00 <b>COACH BY COLOR®</b> <b>Cycling Cube (BE)</b> Cycling Cube   Yves Loverix</p>		<p>20:30 - 21:30 <b>Boxing</b> Group Classes Studio   Thierry Maenhout</p>				

MA, 25 NOV	DI, 26 NOV	WO, 27 NOV	DO, 28 NOV	VR, 29 NOV	ZA, 30 NOV	ZO, 01 DEC
<p>17:00 - 17:30 <b>Forever Fit (SGT)</b> Group Classes Studio   Ana Dos santos ferreira</p>	<p>11:00 - 12:00 <b>Jims Stick</b> Group Classes Studio   Ana Dos santos ferreira</p>	<p>10:00 - 11:00 <b>BBB</b> Group Classes Studio   Ana Dos santos ferreira</p>	<p>19:00 - 20:00 <b>Les Mills Bodycombat™</b> Group Classes Studio   Nancy Lemmens</p>	<p>18:00 - 19:00 <b>Core</b> Group Classes Studio   Jims Genk</p>	<p>10:00 - 11:00 <b>Step</b> Group Classes Studio   Ana Dos santos ferreira</p>	<p>10:00 - 11:00 <b>Power</b> Group Classes Studio   Jims Genk</p>
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<p>18:00 - 19:00 <b>UBOUND®</b> Group Classes Studio   Ana Dos santos ferreira</p>	<p>18:00 - 19:00 <b>Women's Strength Training (SGT)</b> Fitness Floor   Wout Dullers</p>	<p>18:30 - 19:30 <b>Power</b> Group Classes Studio   Jims Genk</p>				
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<p>20:00 - 21:00 <b>COACH BY COLOR®</b> <b>Cycling Cube (BE)</b> Cycling Cube   Yves Loverix</p>		<p>20:30 - 21:30 <b>Boxing</b> Group Classes Studio   Thierry Maenhout</p>				